



# Social Emotional Learning (SEL) Presentation

April 2, 2020

4:00-5:00

Dear Parents/Guardians,

As part of our new After School Parent Program informational sessions, the Pine Grove Area Elementary School will be holding a presentation on Social Emotional Learning. SEL is the teaching and applying of strategies that establish and maintain positive relationships with others, how to deal with strong emotions, learning how to deal with difficult social situations, and making responsible decisions. In this session, you will learn what the five branches of social emotional learning are, resources you can use to promote the SEL skills at home, and websites you can use to learn more about SEL.

A question and answer session will be held after the presentation.

Where: Michelle Brand's Classroom (Elementary building)

When: 4:00-5:00 on April 2, 2020

Light Refreshments will be served.

Child care will be provided by the high school Child Development students. Please list only the names and ages of children that are in need of child care.

We look forward to seeing you then!

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**Please return this section to the Elementary Office by: March 19, 2020**

*If this portion is not returned by the listed date then we will be unable to provide child care. If you do not require this service then you may RSVP after this point.*

Number attending: Adults \_\_\_\_\_

Number of Children Requiring Child Care \_\_\_\_\_ Age of Children: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Student Name: \_\_\_\_\_